

## LUNCHEON SPECIAL TAKE OUT MENU

MONDAY TO SATURDAY FROM 11:00 am to 3:00 pm  
All Served with Pork Fried Rice

L 1.	Chicken Chow Mein	4.59
L 2.	Shrimp Chow Mein	4.59
L 3.	Pepper Steak	4.59
L 4.	Roast Pork Egg Foo Young	4.59
L 5.	Chicken or Roast Pork with Broccoli	4.59
L 6.	Beef or Shrimp with Broccoli	4.99
L 7.	Shrimp with Lobster Sauce	4.99
L 8.	Bar-B-Q Spare Ribs	4.99
L 9.	Hot and Spicy Shrimp or Beef	4.59
L10.	Sweet and Sour Pork or Chicken	4.59
L11.	Garlic Chicken Home Style	4.59
L12.	Gong Bao Shrimp	4.59
L13.	Gong Bao Chicken	4.59
L14.	Beef or Shrimp with Chinese Veggies	4.59
L15.	Roast Pork or Chicken with Chinese Veggies	4.59
L16.	Sesame Chicken	4.99
L17.	Chicken with Garlic Sauce	4.55
L18.	Shrimp with Garlic Sauce	4.99
L19.	Shrimp and Chicken	4.59
L20.	Chicken or Beef Chop Suey	4.59
L21.	Shredded Beef Szechuan Style	4.59
L22.	Chicken with Cashew Nuts	4.59
L23.	Hunan Chicken or Shrimp	4.59
L24.	Moo Goo Gai Pan	4.59
L25.	Boneless Ribs	4.99
L26.	Shredded Beef or Pork	4.59
L27.	Beef or Chicken with Snow Peas	4.59
L28.	Mixed Vegetables	4.59
L29.	Curry Chicken with Onion	4.59
L30.	Roast Pork with Mushroom	4.59
L31.	Lo Mein (Choice of Beef, Roast Pork, Shrimp or Chicken)	4.55
L32.	Chicken or Shrimp with Pineapple	4.59
L33.	General Tso's Chicken	4.99

Hot & Spicy



# IRON CHEF BUFFET

Free Delivery  
Min \$10.00



SZECHUAN, HUNAN & CANTONESE STYLE

Buffet To Go, Carry Out and Regular Menu Available  
Some Specialties May Change Daily

340 Chestnut St. Route 7 West, Oneonta, NY 13820  
(Motel 88)

TEL: (607) 431-9387 / 9392



Over 65 Items

## LUNCH \$5.69

Mon.-Sat.: 11:00 am - 3:00 pm  
Children Ages 3-7 \$2.99 / 8-10 \$3.99  
under 3 Years Old Free

## DINNER BUFEET

Mon.-Thurs.: 3:30 pm - 9:00 pm \$8.59  
Fri.-Sat.: 3:30 pm - 10:00 pm \$9.59  
Sunday: 11:30 am - 9:00 pm \$9.59  
Children Ages 3-7 \$3.99 / 8-10 \$5.39  
under 3 Years Old Free

- Free Ice Cream For Buffet Only -  
CARRY OUT BUFFET

LUNCH \$3.39 L.B.	DINNER \$4.39 L.B.
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At least 3 items per take-out  
Please make a special order for only one item take-out.  
SENIOR CITIZEN 10% OFF (OVER 65)

The Largest Chinese Buffet in Town •  
Great Food At Great Price!  
Open Everyday & Holidays •

Over 65 Items That Change Daily Including:

Shrimp, Beef, Chicken, Pork, Fish, Fried Dumplings,  
BBQ Boneless Ribs, Vegetables, Mei Fun,  
Lo Mein, Fried Rice, Salad Bar, Fresh Fruit, Appetizers,  
Soup, Desserts and More.

Snow Crab Clusters (Fri., Sat. & Sun.)

OPEN 7 DAYS A WEEK  
Mon.-Thurs.: 11:00am -10:00pm  
Fri. & Sat.: 11:00am -10:30pm  
Sunday: 11:00am-9:00pm





## - TAKE OUT MENU -

### APPETIZERS

1. Spring Roll (2).....	1.10
2. Roast Pork Egg Roll.....	1.10
3. Shrimp Egg Roll.....	1.15
4. Szechuan Marinated Chicken (6).....	4.39
5. Fantail Shrimp (4).....	4.39
6. Fried Chicken Wings (8).....	2.99
7. House Fried Wonton (8).....	1.95
8. Cold Noodles with Sesame Paste.....	3.35
9. Fried Donuts (10).....	2.95
10. Dumplings (Fried or Steamed) (6).....	3.55
11. Boil Dumpling Szechuan Style (6).....	3.55
12. Bar-B-Q Spare Ribs.....(Sm.) 4.99 (Lg.) 9.50	
13. Boneless Bar-B-Q Spare Ribs.....(Sm.) 4.99 (Lg.) 9.50	
14. Pu Pu Platter (2).....	9.95
(Shrimp Roll, Marinated Beef, Fantail Shrimp, Shrimp Toast, Chicken Wing, BBQ Ribs)	
15. Szechuan Wonton (10).....	3.55
16. Wonton with Garlic Sauce.....	2.95
16a. Fried Cheese Wonton (8).....	2.95

### SOUP

(w/ Fried Noodles)	
17. Egg Drop Soup.....	1.10 2.00
18. Wonton Soup.....	1.20 2.20
19. Chicken Noodle Soup.....	1.35 2.20
20. Wonton and Egg Drop.....	1.35 2.35
21. Hot and Sour Soup.....	1.55 2.95
22. Bean Curd and Vegetable Soup.....	2.95
23. House Special Wonton Soup.....	3.75

### FRIED RICE

24. Vegetable Fried Rice.....	3.15	5.15
25. Roast Pork Fried Rice.....	3.35	5.35
26. Chicken Fried Rice.....	3.35	5.35
27. Beef Fried Rice.....	3.55	5.99
28. Shrimp Fried Rice.....	3.55	6.35
29. Lobster Fried Rice.....	4.55	6.75
30. House Special Fried Rice.....	4.55	6.75

### LO MEIN

(Soft Noodles)		
31. Vegetable Lo Mein.....	3.55	5.50
32. Roast Pork Lo Mein.....	3.55	5.75
33. Chicken Lo Mein.....	3.55	5.75
34. Beef Lo Mein.....	3.99	6.75
35. Shrimp Lo Mein.....	4.15	6.95
36. House Special Lo Mein.....	6.95	

### MEI FUN

(Thin Rice Noodle)	
Per Order	
37. Roast Pork Mei Fun.....	6.99
38. Chicken Mei Fun.....	6.99
39. Beef Mei Fun.....	6.19
40. Shrimp Mei Fun.....	7.25
41. House Special Mei Fun.....	7.25

### CHOW MEIN

(with Fried Noodles & Rice)		
42. Vegetable Chow Mein.....	4.25	5.99
43. Roast Pork Chow Mein.....	4.25	5.99
44. Chicken Chow Mein.....	4.25	5.99
45. Beef Chow Mein.....	4.25	6.59
46. Shrimp Chow Mein.....	4.25	6.59

### SWEET & SOUR (with Rice)

51. Sweet & Sour Pork.....	6.69
52. Sweet & Sour Chicken.....	6.69
53. Sweet & Sour Shrimp.....	8.99
54. Sweet & Sour Combination.....	8.99

### CHICKEN

(with Rice)		
55. Moo Goo Gai Pan.....	4.35	7.35
56. Chicken with Chinese Vegetable.....	4.35	7.35
57. Chicken with Broccoli.....	4.35	7.35
58. Chicken with Snow Peas.....	4.35	7.35
59. Chicken with Pineapple.....	4.35	7.35
60. Chicken with Cashew Nuts.....	4.35	7.35
61. Harvest Chicken & Shrimp.....	4.35	7.35
62. Curry Chicken.....	4.35	7.35
63. Hunan Chicken.....	4.35	7.35
64. Chicken with Mixed Vegetables.....	4.35	7.35

### BEEF

(with Rice)		
65. Hunan Beef.....	4.59	7.69
66. Green Pepper Steak.....	4.59	7.69
67. Beef with Chinese Vegetable.....	4.59	7.69
68. Beef with Baby Corn.....	4.59	7.69
69. Beef with Broccoli.....	4.59	7.69
70. Beef with Snow Peas.....	4.59	7.69
71. Curry Beef.....	4.59	7.69
72. Beef with Mixed Vegetables.....	4.59	7.69

### SHRIMP

(with Rice)		
73. Baby Shrimp with Cashew Nuts.....	4.69	8.79
74. Shrimp with Lobster Sauce.....	4.69	8.79
75. Shrimp with Chinese Vegetable.....	4.69	8.79
76. Shrimp with Snow Peas.....	4.69	8.79
77. Shrimp with Broccoli.....	4.69	8.79
78. Shrimp with Pineapple.....	4.69	8.79
79. Shrimp with Green Peas.....	4.69	8.79
80. Curry Shrimp.....	4.69	8.79
81. Scallops with Mixed Vegetables.....	4.69	8.79

### ROAST PORK

(with Rice)		
82. Roast Pork with Mushrooms.....	4.35	7.35
83. Roast Pork with Chinese Vegetable.....	4.35	7.35
84. Roast Pork with Broccoli.....	4.35	7.35
85. Roast Pork with Baby Corn.....	4.35	7.35
86. Roast Pork with Oyster Sauce.....	4.35	7.35

### SPECIAL DIET DISHES

(with White Rice)	
All Dishes Below Are Served without Salt, Sugar, Corn Starch and M.S.G., and Served in Steamed	
Pt. Qt.	
D 1. Steamed Mixed Vegetables.....	3.99 6.69
D 2. Sliced Chicken with Broccoli.....	4.29 7.99
D 3. Sliced Chicken with Snow Pea Pods.....	4.25 7.69
D 4. Sliced Chicken with Mixed Veggies.....	3.99 7.69
D 5. Shrimp or Scallop with Broccoli.....	4.99 8.49
D 6. Shrimp or Scallop with Mixed Veggies.....	5.19 9.19
D 7. Shrimp, Scallop, Chicken with Mixed Veggies.....	9.39

## CHEF'S SPECIALTIES

**S 1. General Tso's Chicken..... 8.69**  
Tenderloin chicken chunks marinated with water-chestnuts and broccoli powder in spicy brown sauce.

**S 2. Garlic Chicken Home Style..... 8.69**  
Sliced chicken white meat sauteed with sesame seed in special brown sauce.

**S 3. Boneless Chicken..... 8.69**  
Deep fried chicken with Chinese vegetables.

**S 4. Subgum Wonton..... 9.99**  
Lobster, shrimp, chicken, roast pork with Chinese vegetables and surrounded with 4 crispy fried wontons.

**S 5. Glazed Orange Beef..... 8.69**  
Chunk beef pan-seared to perfection with diced orange peels & flecked with garlic and ginger.

**S 6. Four Seasons..... 9.99**  
A delicious combination of jumbo shrimp, chicken breast, sliced beef, roast pork sauteed with fresh vegetable on a special sauce.

**S 7. Mandarin Taste Shrimp..... 9.99**  
Fresh jumbo shrimp with broccoli, baby corn, onion and mushrooms a real taste.

**S 8. Lotus Crispy Prawns..... 9.99**  
Jumbo shrimp deep fried with chili spicy, circled with broccoli.

**S 9. Three Musketeers..... 8.69**  
(with Hot Garlic Sauce)  
Special combination of chicken, shrimp & pork sauteed with Chinese vegetable in hot garlic sauce.

**S10. Seafood Wor Ba..... 9.99**  
A seafood lover's favorite fresh shrimp, lobster meat, scallop & crab meat with mixed vegetables in white wine sauce.

**S11. Lemon Chicken..... 8.69**

**S12. Sesame Chicken..... 8.69**

**S13. Orange Chicken..... 8.69**

**S14. Happy Family..... 11.19**  
Jumbo shrimp, lobster meat, scallop, crab meat, chicken, pork & beef with mixed vegetables.

**S15. Seven Stars Around The Moon..... 15.95**  
Chicken, beef, roast pork, scallop blended with vegetable & deep fried fantail shrimp. It's fantastic.

**S16. Seafood In The Bird's Nest..... 12.95**  
Fresh shrimp, scallop, lobster meat sauteed with assorted Chinese vegetable in special sauce & served in a nest made of crispy potato basket.

### EGG FOO YOUNG

(with Rice)	
3 Pieces	
87. Mushroom Egg Foo Young.....	6.39
88. Roast Pork Egg Foo Young.....	6.39
89. Chicken Egg Foo Young.....	6.39
90. Beef Egg Foo Young.....	6.39
91. Shrimp Egg Foo Young.....	6.39

## COMBINATION PLATTERS

(Served with Egg Roll & Pork Fried Rice)

C 1. Chicken or Roast Pork Chow Mein.....	6.99
C 2. Shrimp or Beef Chow Mein.....	6.99
C 3. Pepper Steak with Onion.....	6.99
C 4. Roast Pork with Chinese Vegetable.....	6.99
C 5. Bar-B-Q Spare Ribs.....	7.49
C 6. Roast Pork Egg Foo Young.....	6.99
C 7. Shrimp with Lobster Sauce.....	7.49
C 8. Moo Goo Gai Pan.....	6.99
C 9. Chicken or Beef with Broccoli.....	6.99
C10. Sweet & Sour Pork or Chicken.....	6.99
C11. Boneless Chicken with Hot Garlic Sauce.....	6.99
C12. Gong Bao Chicken.....	6.99
C13. Gong Bao Shrimp.....	6.99
C14. Shredded Beef or Pork.....	6.99
C15. General Tso's Chicken.....	7.49
C16. Garlic Chicken Home Style.....	6.99
C17. Shrimp with Broccoli.....	7.49
C18. Sesame Chicken.....	7.49
C19. Roast Pork Lo Mein.....	6.99

### VEGETABLE

(with Rice)	
Per Order	
92. Sauteed Broccoli with Hot Garlic Sauce.....	6.99
93. Mixed Vegetables with Hot Garlic Sauce.....	6.99
94. Bean Curd with Mixed Vegetables.....	6.99
95. Bean Curd Szechuan Style.....	6.99
96. Snow Peas with Water Chestnuts.....	6.99
97. Shrimp Beans.....	6.99

### ALL MIXED WITH BROCCOLI AND CHINESE VEGETABLES

(with Rice)	
Per Order	
98. Chicken and Lobster Meat.....	9.35
99. Beef and Roast Pork.....	9.35
100. Chicken and Scallop.....	9.35
101. Shrimp and Scallop.....	9.35
102. Shrimp and Chicken.....	9.35

### SZECHUAN DISHES

(with Rice)	
Per Order	
103. Shredded Pork with Hot Garlic Sauce.....	8.79
104. Shredded Beef with Hot Garlic Sauce.....	8.79
105. Gong Bao Chicken.....	8.79
106. Gong Bao Shrimp.....	8.79
107. Sliced Chicken with Hot Garlic Sauce.....	8.79
108. Shrimp with Hot Garlic Sauce.....	8.79
109. Sesame Beef.....	8.79
110. Hunan Scallops.....	8.79
111. Moo Shu Pork or Vegetable.....	8.79
112. Moo Shu Beef.....	8.79

Hot & Spicy